

2025 Michigan HS Indoor Track Elite Girls

Includes all meets, including out-of-state and summer competitions. In the early season, lists will not be 10-deep, as we wait for elite-level performances to reach that level. Another note for early season Michiganders: if there was a roof over your head, then the performance would be on the indoor lists.

Unlike Milesplit or Athletic-net lists, questionable and suspicious marks are separated from the main list, as they are not eligible for all-time list or record consideration.

+ = converted time; # (after time = en route time recorded on way to longer distance); (!) = in a field event listing indicates an ancillary mark made in competition.

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To make corrections: send a note to jeffhollobaugh@gmail.com

Updated 1/21/2025

60 METERS

7.40	Kamryn Tatum (West Bloomfield)11	Ann Arbor/UM Showcase.....	1/19/2025
7.49	Tatum	Ann Arbor/UM Showcase (h)	1/19/2025
7.52	Tatum	Chicago/Akinosun Inv	1/12/2025
7.54	Tatum	Ypsilanti/LAB #2.....	12/21/2024
7.56	Keyanna O'Tey (Sturgis)12	Ann Arbor/UM Showcase.....	1/19/2025
7.60	Taryn Henderson (Farmington Hills Mercy)12	Ann Arbor/UM Showcase.....	1/19/2025
7.60	Jayla Dace (Detroit Renaissance)12	Ann Arbor/UM Showcase.....	1/19/2025
7.66	Aubrey Wilson (Dearborn Divine Child)10	Ypsilanti/LAB #6.....	1/11/2025
7.67	Madelyn Piotrowski (Troy Athens)11	Ann Arbor/UM Showcase.....	1/19/2025
7.75	Jordynn Young (Saginaw Heritage)12	Saginaw/SVSU #2	1/18/2025
7.78	Carrie VanNoy (Oak Park)12	Chicago/Akinosun Inv	1/12/2025
7.83	Asia Elder (Oak Park)12	Ann Arbor/UM Showcase.....	1/19/2025
7.88	Aubrey Douglas (Redford Pierce MS)8	Ypsilanti/LAB #6.....	1/11/2025

200 METERS

24.10	Kamryn Tatum (West Bloomfield)11	Chicago/Akinosun Inv	1/12/2025
24.36	Tatum	Ann Arbor/UM Showcase.....	1/19/2025
24.98	Taryn Henderson (Farmington Hills Mercy)12	Ann Arbor/UM Showcase.....	1/19/2025
25.30	Nevaeh Burns (Oak Park)10	Chicago/Akinosun Inv	1/12/2025
25.57	Payton Gee (Oak Park)9	Ann Arbor/UM Showcase.....	1/19/2025
25.62	Carrie VanNoy (Oak Park)12	Chicago/Akinosun Inv	1/12/2025
25.66	Laila Hawkins (Detroit Cass Tech)11	Ann Arbor/UM Showcase.....	1/19/2025
25.70	Jordyn Young (Saginaw Heritage)12	Ann Arbor/UM Showcase.....	1/19/2025
25.83	Janae Coleman (Oak Park)9	Chicago/Akinosun Inv	1/12/2025
26.20	Au'Dree Louis (Grand Blanc)10	Ann Arbor/UM Showcase.....	1/19/2025
26.24	Daelyn Jones (Grand Rapids Christian)10	Ann Arbor/UM Showcase.....	1/19/2025

Oversized Track:

25.07	Nevaeh Burns (Oak Park)10	Ypsilanti/LAB #2.....	12/21/2024
25.08	Burns	Ypsilanti/LAB #1.....	12/14/2024
25.09	Cayla Hawkins (East Lansing MacDonald)8	Ypsilanti/LAB Holiday Inv	12/27/2024
25.18	Taryn Henderson (Farmington Hills Mercy)12	Ypsilanti/LAB Holiday Inv	12/27/2024
25.19	Janae Coleman (Oak Park)9	Ypsilanti/LAB #4.....	1/ 4/2025
25.42	Jordynn Young (Saginaw Heritage)12	Saginaw/SVSU #1	1/11/2025
25.45	Carrie VanNoy (Oak Park)12	Ypsilanti/LAB #2.....	12/21/2024
25.56	Mauriel Seeberger (Portage Northern)10	Ypsilanti/LAB #2.....	12/21/2024
25.62	Payton Gee (Oak Park)9	Ypsilanti/LAB #1.....	12/14/2024

25.67	Jada Wilson (Belleville)12	Ypsilanti/LAB Holiday Inv.....	12/27/2024
25.85	Naika Rath (Hudson)11	Ypsilanti/LAB #2.....	12/21/2024
25.92	Daelen Jones (Grand Rapids Christian)10	Allendale/GVSU #3.....	1/11/2025

300 METERS

39.09	Nevaeh Burns (Oak Park)10	Chicago/CYUP Misfits	1/18/2025
Oversized Track:			
40.21	Nevaeh Burns (Oak Park)10	Ypsilanti/LAB #1.....	12/14/2024
41.41	Jada Wilson (Belleville)12	Ypsilanti/LAB #1.....	12/14/2024
41.51	Lundon Johnson (Detroit Renaissance)12	Ypsilanti/LAB #1.....	12/14/2024
41.63	Jordan McNeely (Detroit Country Day MS)8	Ypsilanti/LAB #1.....	12/14/2024
41.97	Lauren Bickerdt (Detroit Renaissance)12	Ypsilanti/LAB #1.....	12/14/2024
42.01	Rylie Bacon (Detroit Renaissance)12	Ypsilanti/LAB #1.....	12/14/2024
42.64	D'Aja Johnson (Detroit Palmer Park MS)8	Ypsilanti/LAB #1.....	12/14/2024
42.86	Callie Seiler (Northville)11	Ypsilanti/LAB #1.....	12/14/2024
43.15	Brooke Pettway (Oak Park)9	Ypsilanti/LAB #1.....	12/14/2024
43.30	Jordyn Burr (Detroit Renaissance)10	Ypsilanti/LAB #1.....	12/14/2024

400 METERS

55.09	Sydney Kuhn (Saginaw Swan Valley)12	Ann Arbor/UM Showcase.....	1/19/2025
56.31	Nevaeh Burns (Oak Park)10	Ann Arbor/UM Showcase.....	1/19/2025
56.77	Cayla Hawkins (East Lansing MacDonald)8	Ann Arbor/UM Showcase.....	1/19/2025
57.10	Dayshana Kellogg (Oak Park)12	Ann Arbor/UM Showcase.....	1/19/2025
57.16	Janae Coleman (Oak Park)9	Chicago/Akinosun Inv.....	1/12/2025
57.54	Lundon Johnson (Detroit Renaissance)12	Ann Arbor/UM Showcase.....	1/19/2025
58.09	Jada Wilson (Belleville)12	Ann Arbor/UM Showcase.....	1/19/2025
58.24	Lauren Bickerdt (Detroit Renaissance)12	Ann Arbor/UM Showcase.....	1/19/2025
58.51	Rylie Bacon (Detroit Renaissance)12	Ann Arbor/UM Showcase.....	1/19/2025
58.53	Rhian Jeffries (Belleville)11	Ann Arbor/UM Showcase.....	1/19/2025
Oversized Track:			
56.15	Janae Coleman (Oak Park)9	Ypsilanti/LAB #4.....	1/ 4/2025
56.62	Nevaeh Burns (Oak Park)10	Ypsilanti/LAB #2.....	12/21/2024
56.68	Kamryn Tatum (West Bloomfield)11	Ypsilanti/LAB #2.....	12/21/2024
56.76	Taryn Henderson (Farmington Hills Mercy)12	Ypsilanti/LAB #2.....	12/21/2024
56.79	Emmry Ross (Onsted)12	Ypsilanti/LAB #4.....	1/ 4/2025
57.07	Cayla Hawkins (East Lansing MacDonald)8	Ypsilanti/LAB #4.....	1/ 4/2025
57.13	Dayshana Kellogg (Oak Park)12	Ypsilanti/LAB #2.....	12/21/2024
57.99	Jada Wilson (Belleville)12	Ypsilanti/LAB #2.....	12/21/2024
58.00	Rylie Bacon (Detroit Renaissance)12	Ypsilanti/LAB #2.....	12/21/2024
58.00	Lundon Johnson (Detroit Renaissance)12	Ypsilanti/LAB Holiday Inv.....	12/27/2024
58.00	Lauren Bickerdt (Detroit Renaissance)12	Ypsilanti/LAB #5.....	1/11/2025

600 METERS

1:33.31	Janae Coleman (Oak Park)9	Chicago/CYUP Misfits	1/18/2025
1:33.43#	Emmry Ross (Onsted)12	Ann Arbor/UM Showcase (800)	1/19/2025
1:33.68	Dayshana Kellogg (Oak Park)12	Chicago/CYUP Misfits	1/18/2025
1:35.19	Layla Jordan (Goodrich)12	Chicago/CYUP Misfits	1/18/2025

Oversized Track:

1:32.54	Janae Coleman (Oak Park)9	Ypsilanti/LAB #1.....	12/14/2024
1:36.57	Dayshana Kellogg (Oak Park)12	Ypsilanti/LAB #1.....	12/14/2024
1:36.88	Lauren Bickerdt (Detroit Renaissance)12	Ypsilanti/LAB #1.....	12/14/2024
1:37.68	Rhian Jeffries (Belleville)11	Ypsilanti/LAB #1.....	12/14/2024
1:38.71	Sophie Menker (Lake Orion St Joseph)8	Ypsilanti/LAB #1.....	12/14/2024
1:40.00	Claire Yandora (Birmingham Seaholm)9	Ypsilanti/LAB #1.....	12/14/2024

800 METERS

2:06.62	Emmry Ross (Onsted)12 (60.70/65.92)	Ann Arbor/UM Showcase.....	1/19/2025
2:17.89	Valerie Beeck (Grand Haven)12	Ann Arbor/UM Showcase.....	1/19/2025
2:18.48	Nora Gerzema (Farmington Hills Mercy)11	Ann Arbor/UM Showcase.....	1/19/2025
2:19.41	Rhian Jeffries (Belleville)11	Chicago/Akinosun Inv.....	1/12/2025
2:19.42	Kaelin Hughes (Livonia Stevenson)12	Ann Arbor/UM Showcase.....	1/19/2025
2:19.48	Collette Wierks (Holland West Ottawa)10	Ann Arbor/UM Showcase.....	1/19/2025

2:19.58	Allie Nowak (Johannesburg-Lewiston)12	Ann Arbor/UM Showcase.....	1/19/2025
2:20.10	Emma Gunnnett (Holland West Ottawa)12	Ann Arbor/UM Showcase.....	1/19/2025
2:20.32	Dayshana Kellogg (Oak Park)12	Chicago/Akinosun Inv	1/12/2025
2:20.62	Juliet Lewis (Brighton)11	Ann Arbor/UM Showcase.....	1/19/2025

Oversized Track:

2:13.04	Emmry Ross (Onsted)12	Ypsilanti/LAB #5.....	1/11/2025
2:14.14	Janae Coleman (Oak Park)9	Ypsilanti/LAB #2.....	12/21/2024
2:17.11	Eliza Schwass (Ludington DeJonge MS))8	Allendale/GVSU #2.....	12/14/2024
2:17.12	Sydney Kuhn (Saginaw Swan Vlle)12	Saginaw/SVSU #1	1/11/2025
2:17.92	El McMahon (Rochester Adams)10	Saginaw/SVSU #1	1/11/2025
2:18.35	Layla Jordan (Goodrich)12	Saginaw/SVSU #1	1/11/2025

1000 METERS

3:00.68#	Jessica Jazwinski (Shelby)12	Chicago/CYUP Misfits (1M) (+9.34).....	1/18/2025
3:02.48	Layla Jordan (Goodrich)12	Chicago/CYUP Misfits	1/18/2025

1600 METERS

4:48.47+	Jessica Jazwinski (Shelby)12	Chicago/CYUP Misfits (4:50.15)	1/18/2025
5:01.14+	Emma Hoffman (Otsego)11	Ann Arbor/UM Showcase (5:02.89)	1/19/2025
5:01.69+	Kaelin Hughes (Livonia Stevenson)12	Ann Arbor/UM Showcase (5:03.45)	1/19/2025
5:01.83+	Ella Abraham (Rochester)11	Ann Arbor/UM Showcase (5:03.59)	1/19/2025

Oversized Track:

4:52.97	Jessica Jazwinski (Shelby)12	Allendale/GVSU #1	12/ 7/2024
4:55.77	Eliza Schwass (Ludington DeJonge MS))8	Allendale/GVSU #3.....	1/11/2025
4:57.20	Annie Alkema (Kalamazoo Central)12	Allendale/GVSU #3.....	1/11/2025
4:58.79	Natasza Dudek (Ann Arbor Pioneer)9	Saginaw/SVSU #1	1/11/2025
4:59.49	Katie Berkshire (Gaylord)11	Allendale/GVSU #3.....	1/11/2025
5:02.81	Emmry Ross (Onstead)12	Ypsilanti/LAB #5.....	1/11/2025
5:02.83	El McMahon (Rochester Adams)10	Ypsilanti/LAB #1.....	12/14/2024
5:03.30	Alexandra Scappaticci (Northville Meads M)8	Ypsilanti/LAB #2.....	12/21/2024
5:03.52	Ava Porras (Holland West Ottawa)11	Allendale/GVSU #3.....	1/11/2025
5:04.03	Emma Drnek (Zeeland East)12	Allendale/GVSU #3.....	1/11/2025

MILE (no conversions)

4:50.15	Jessica Jazwinski (Shelby)12	Chicago/CYUP Misfits	1/18/2025
5:02.89	Emma Hoffman (Otsego)11	Ann Arbor/UM Showcase.....	1/19/2025
5:03.45	Kaelin Hughes (Livonia Stevenson)12	Ann Arbor/UM Showcase.....	1/19/2025
5:03.59	Ella Abraham (Rochester)11	Ann Arbor/UM Showcase.....	1/19/2025

3000 METERS

10:03.17#	Emma Hoffman (Otsego)11	Ann Arbor/UM Showcase (3200)	1/19/2025
10:14.42#	Ava Schafer (St Johns)10	Ann Arbor/UM Showcase (3200)	1/19/2025
10:17.39#	Mallory Bigelow (Oxford)12	Ann Arbor/UM Showcase (3200)	1/19/2025
10:18.94#	Kaylie Livingston (Whitmore Lake)10	Ann Arbor/UM Showcase (3200)	1/19/2025
10:18.10#	Alexandra Scappaticci (Northville Meads M)8	Ann Arbor/UM Showcase (3200)	1/19/2025

3200 METERS

10:40.37	Emma Hoffman (Otsego)11	Ann Arbor/UM Showcase.....	1/19/2025
10:56.20	Ava Schafer (St Johns)10	Ann Arbor/UM Showcase.....	1/19/2025
10:56.80	Mallory Bigelow (Oxford)12	Ann Arbor/UM Showcase.....	1/19/2025
10:58.11	Kaylie Livingston (Whitmore Lake)10	Ann Arbor/UM Showcase.....	1/19/2025
10:59.31	Alexandra Scappaticci (Northville Meads M)8	Ann Arbor/UM Showcase.....	1/19/2025
11:03.79	Taryn Moore (Oxford MS)8	Ann Arbor/UM Showcase.....	1/19/2025
11:13.50	Sinead Noonan (Grand Haven)12	Ann Arbor/UM Showcase.....	1/19/2025
11:14.39	Alivia Ottinger (Goodrich)10	Ann Arbor/UM Showcase.....	1/19/2025
11:21.77	El McMahon (Rochester Adams)10	Ann Arbor/UM Showcase.....	1/19/2025
11:26.38	Leah Corby (Rochester Hills Stoney Creek)11	Ann Arbor/UM Showcase.....	1/19/2025

Oversized Track:

10:33.26	Natasza Dudek (Ann Arbor Pioneer)9	Saginaw/SVSU #2	1/18/2025
10:46.34	Ava Schafer (St Johns)10	Ypsilanti/LAB #1.....	12/14/2024
10:49.04	Alexandra Scappaticci (Northville Meads M)8	Ypsilanti/LAB #1.....	12/14/2024
11:02.23	Jaelyn Ray (Pinckney)10	Saginaw/SVSU #2	1/18/2025

60-METER HURDLES

8.68	Carrie VanNoy (Oak Park)12	Ann Arbor/UM Showcase.....	1/19/2025
8.70	VanNoy	Chicago/CYUP Misfits	1/18/2025
8.75	VanNoy	Chicago/Akinosun Inv	1/12/2025
8.75	Laila Hawkins (Detroit Cass Tech)11	Ann Arbor/UM Showcase.....	1/19/2025
8.77	Mia Barnett (Clinton Twp Chippewa Valley)12	Ann Arbor/UM Showcase.....	1/19/2025
8.79	VanNoy	Ypsilanti/LAB #1.....	12/14/2024
8.79	Payton Gee (Oak Park)9	Chicago/Akinosun Inv	1/12/2025
8.80	VanNoy	Ypsilanti/LAB #2.....	12/21/2024
8.80	Hawkins	Ann Arbor/UM Showcase (h)	1/19/2025
8.87	Jada Wilson (Belleville)12	Ann Arbor/UM Showcase.....	1/19/2025
9.01	Celeste Davis (Detroit Renaissance)12	Ypsilanti/LAB Holiday Inv (h).....	12/27/2024
9.01	Aliyah Ferguson (Ann Arbor Huron)12	Ann Arbor/UM Showcase.....	1/19/2025
9.04	Marissa Johnson (Taylor)12	Saginaw/SVSU #2	1/18/2025
9.08	Lynzi Evans (BH Cranbrook)12	Ann Arbor/UM Showcase (h)	1/19/2025
9.09	Jayda Watson (Oak Park)12	Chicago/Akinosun Inv	1/12/2025
9.18	Brooklyn Harmon (Middleville TK)12	Allendale/GVSU #3.....	1/11/2025

300-METER HURDLES (300 track)

44.81	Jada Wilson (Belleville)12	Ypsilanti/LAB Holiday Inv	12/27/2024
46.42	Laila Hawkins (Detroit Cass Tech)11	Ypsilanti/LAB Holiday Inv	12/27/2024
50.04	Julia Hughes (Ida)11	Ypsilanti/LAB Holiday Inv	12/27/2024
50.32	Mackenzie Cunningham (Detroit Cass Tech)10	Ypsilanti/LAB Holiday Inv	12/27/2024
50.70	Molly Brown (Addison)12	Ypsilanti/LAB Holiday Inv	12/27/2024

HIGH JUMP

5-6	Greta Caprathe (Rockford)12	Allendale/GVSU #2.....	12/14/2024
5-6	Kierra Taube (Yale)12	Ypsilanti/LAB #1.....	12/14/2024
5-5	Annie Saenz (Concord)9	Ann Arbor/UM Showcase.....	1/19/2025
5-3	Emily Cuthbertson (Farmington Hills Mercy)11	Ann Arbor/UM Showcase.....	1/19/2025
5-2	Ereni Polhamus (Comstock)11	Allendale/GVSU #2.....	12/14/2024
5-2	Avery Bower (Holland Christian)12	Allendale/GVSU #2.....	12/14/2024
5-2	Madison Marshall (Detroit Renaissance)12	Ypsilanti/LAB Holiday Inv	12/27/2024
5-2	Adeline Bagnall (Grand Haven)10	Allendale/GVSU #3.....	1/11/2025
5-2	Madeline Bildeaux (Traverse City West)12	Allendale/GVSU #3.....	1/11/2025
5-2	Addy Hovey (Hart)12	Allendale/GVSU #3.....	1/11/2025
5-2	Molly Heller (Beverly Hills Groves)11	Saginaw/SVSU #1	1/11/2025
5-2	Alysia Goudelock (NB Anchor Bay)12	Saginaw/SVSU #1	1/11/2025

POLE VAULT

12-6	Evie Mathis (Wayland Union)11	Allendale/GVSU #1.....	12/ 7/2024
12-6	Katie Blue (Grand Ledge)11	Vermontville/Ugly Sweater Vault	12/21/2024
12-6	Isabel German (Lowell)12	Vermontville/Ugly Sweater Vault	12/21/2024
12-3.5	Aubree Bowers (Forest Hills Central)10	Ann Arbor/UM Showcase.....	1/19/2025
11-0	Izzy Robbins (Grand Haven)11	Grand Rapids/Aquinas #1.....	12/14/2024
11-0	Raiden Kipfmiller (Dexter)11	Ypsilanti/LAB Holiday Inv	12/27/2024

LONG JUMP

17-11	Gwen Thill (Midland Dow)10	Saginaw/SVSU #1	1/11/2025
17-9.5	Ambyr Davis (Dearborn Ford Academy)11	Ypsilanti/LAB Holiday Inv	12/27/2024
17-7	Raquel Walker (Muskegon Reeths-Puffer)9	Ann Arbor/UM Showcase.....	1/19/2025
17-6.5	Molly Brown (Addison)12	Ypsilanti/LAB #4.....	1/ 4/2025
17-4.25	Sophia Blackwell (Big Rapids)12	Allendale/GVSU #2.....	12/14/2024
17-4	Keirra Taube (Yale)12	Saginaw/SVSU #1	1/11/2025
17-2.5	Khloe Phillips (Redford Thurston)10	Ypsilanti/LAB #1.....	12/14/2024
17-2	Jordan Falvey (Plymouth Our Lady GC)8	Ann Arbor/UM Showcase.....	1/19/2025
16-11.5	Abbie Terry (East Kentwood)12	Allendale/GVSU #1	12/ 7/2024
16-10	Celeste Davis (Detroit Renaissance)12	Ann Arbor/UM Showcase.....	1/19/2025

TRIPLE JUMP

34-7	Erica Proctor (Rochester)12	Ann Arbor/UM Showcase.....	1/19/2025
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33-3.25	Emily Rosenberg (BH Cranbrook)10	Ann Arbor/UM Showcase.....	1/19/2025
31-6.75	Madison Marshall (Detroit Renaissance)12	Ann Arbor/UM Showcase.....	1/19/2025
31-4.5	Sophia Orton (Schoolcraft)12	Allendale/GVSU #3.....	1/11/2025
31-4	Annie Liu (BH Cranbrook)10	Ann Arbor/UM Showcase.....	1/19/2025
30-8.5	Izabelle LaLone (Ithaca)11	Ypsilanti/LAB #4.....	1/ 4/2025

SHOT

50-10	Addy Stiverson (Montrose)10 (f, 46-5.5, 50-10, f, 47-3.75, 48-10.5)	Akron/East Coast Throws Fest	1/12/2025
48-2.5	Stiverson (f, 42-7, 44-10.75, 48-2.5, 43-10.75, 48-0)	Ann Arbor/UM Showcase.....	1/19/2025
47-3	Stiverson (44-6, 47-2, 45-0, 47-3)	Ypsilanti/LAB Holiday Inv	12/27/2024
46-0	Stiverson (45-7.25, 46-0, 45-7.75, f)	Ypsilanti/LAB #4.....	1/ 4/2025
45-1.25	Stiverson (f, 43-1.25, 44-3.25, 42-7, 43-1.75, 45-1.25)	Allendale/GVSU #1	12/ 7/2024
43-7.75	Lorelai Zielinski (Traverse City Central)10	Ann Arbor/UM Showcase.....	1/19/2025
40-11	Izzie Miller (Harper Creek)11	Ypsilanti/LAB #6.....	1/11/2025
39-2.5	Cora Williams (Ann Arbor Richard)12	Ypsilanti/LAB #4.....	1/ 4/2025
38-10	Breyonna Tyson (Detroit Renaissance)11	Ypsilanti/LAB Holiday Inv	12/27/2024

DISCUS

129-0	Jada Ewell (Royal Oak)12	Ypsilanti/LAB Holiday Inv	12/27/2024
121-4	Brenna McDonald (Schoolcraft)12	Allendale/GVSU Discus	12/13/2024
121-2	Kaylee Kopulos (Springport)12	Ypsilanti/LAB Holiday Inv	12/27/2024
120-7	Izzie Miller (Harper Creek)11	Ypsilanti/LAB Holiday Inv	12/27/2024
119-2	Abbie Morris (Rochester Hills Lutheran NW)12	Ypsilanti/LAB Holiday Inv	12/27/2024
118-11	Emma Young (Livonia Churchill)12	Ypsilanti/LAB Holiday Inv	12/27/2024
118-10	Addy Stiverson (Montrose)10	Ypsilanti/LAB Holiday Inv	12/27/2024
118-6	Jenna Spitzley (Pewamo-Westphalia)11	Allendale/GVSU Discus	12/13/2024
115-3	Makenzie Price (Gladwin)11	Allendale/GVSU Discus	12/13/2024
115-1	Cora Williams (Ann Arbor Richard)12	Ypsilanti/LAB #1.....	12/14/2024

WEIGHT

45-10.5	Shelbie Choponis (Hart)11 (43-9.5, 42-11.5, 44-6.25, f, f, 45-10.5)	Allendale/GVSU #1	12/ 7/2024
45-8	Eleena Kelley (Sturgis)12	Hillsdale/Charger Winter Open	1/11/2025
44-4.75	Choponis (39-5.5, 42-9, 44-2.25, 44-4.75, 41-10.25, 41-2.75)	Allendale/GVSU #2.....	12/14/2024
35-4.5	Riley Northrop (Sturgis)12	Ann Arbor/UM Showcase.....	1/19/2025
33-6.75	Brenna McDonald (Schoolcraft)12	Allendale/GVSU #1.....	12/ 7/2024
32-6.5	Abigail Shealy (Midland)12	Allendale/GVSU #3.....	1/11/2025
30-11.5	Grace Hippley (Salem)11	Allendale/GVSU #3.....	1/11/2025
30-8	Olivia Latunski (Forest Hills Central)11	Allendale/GVSU #3.....	1/11/2025
30-0.5	Keilah Bonga (Hopkins)10	Allendale/GVSU #1.....	12/ 7/2024

4 x 200 RELAY

1:39.82	Michigan Mustangs # (Taryn Henderson, Madelyn Piotrowski, Brooklyn Cotton, Kamryn Tatum 24.2)	Ann Arbor/UM Showcase.....	1/19/2025
1:40.68	Track Life #	Ann Arbor/UM Showcase.....	1/19/2025
1:43.71	Courageous (CT)	Ann Arbor/UM Showcase.....	1/19/2025
1:45.37	GR Fire #	Ann Arbor/UM Showcase.....	1/19/2025
1:45.93	Maximum Output #	Ann Arbor/UM Showcase.....	1/19/2025
1:45.94	Runners Campechanos (S)	Ann Arbor/UM Showcase.....	1/19/2025
1:47.00	Tone-Up Elite #	Ann Arbor/UM Showcase.....	1/19/2025
1:47.30	Motor City TC #	Ann Arbor/UM Showcase.....	1/19/2025
1:47.34	LAB TC (YL)	Ann Arbor/UM Showcase.....	1/19/2025
1:50.90	16Ways #	Ann Arbor/UM Showcase.....	1/19/2025

Oversized Track:

1:41.01	Michigan Mustangs #	Ypsilanti/LAB #2.....	12/21/2024
1:47.57	Courageous TC (CT)	Ypsilanti/LAB #4.....	1/ 4/2025

1:48.89	Byron Athletic Club (BC)	Allendale/GVSU #1	12/ 7/2024
1:49.67	Maximum Output	Ypsilanti/LAB #4.....	1/ 4/2025

4 x 400 RELAY

3:47.86	Motor City TC (OP) (Dayshana Kellogg 57.07, Janae Coleman 56.19, Carrie VanNoy 58.57, Nevaeh Burns 56.03)	Ann Arbor/UM Showcase.....	1/19/2025
3:55.92	Michigan Mustangs # (Taryn Henderson 57.50, Madelyn Piotrowski 57.82, Olivia Peterson 62.03, Kamryn Tatum 58.54)	Ann Arbor/UM Showcase.....	1/19/2025
3:56.27	Track Life # (Lundon Johnson 58.22, Cayla Hawkins 60.56, Rylie Bacon 59.38, Lauren Bickerdt 58.09)	Ann Arbor/UM Showcase.....	1/19/2025
4:01.87	Shore TC (HWO) (Collette Wierks 60.74, Ava Porras 62.27, Emma Gunnett 59.99, Ella Wierks 58.87)	Ann Arbor/UM Showcase.....	1/19/2025
4:15.74	Spirit of Pre (S)	Ann Arbor/UM Showcase.....	1/19/2025
4:22.76	16Ways #	Ann Arbor/UM Showcase.....	1/19/2025
4:23.16	Peoples Choice #	Hillsdale/Charger Winter Open	1/11/2025
4:32.11	Runners Campechanos (S)		

Oversized Track:

4:07.71	Saginaw Striders #	Saginaw/SVSU #1	1/11/2025
4:11.28	Michigan Mustangs #	Ypsilanti/LAB Holiday Inv	12/27/2024
4:18.21	Cedar River RC #	Saginaw/SVSU #2	1/18/2025
4:22.53	GR Fire #	Allendale/GVSU #2.....	12/14/2024
4:22.74	Motor City TC #	Ypsilanti/LAB #5.....	1/11/2025
4:24.09	Breen #	Saginaw/SVSU #2	1/18/2025
4:25.64	Very Nice TC (AAS)	Ypsilanti/LAB #5.....	1/11/2025
4:26.60	16Ways #	Saginaw/SVSU #1	1/11/2025
4:28.17	Red Arrow TC #	Allendale/GVSU #2.....	12/14/2024
4:28.91	Peoples Choice #	Ypsilanti/LAB #4.....	1/ 4/2025

4 x 800 RELAY

10:36.45	Project 131 #	Hillsdale/Charger Winter Open	1/11/2025
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Oversized Track:

9:48.54	Chicken Wiz (ZE)	Allendale/GVSU #3.....	1/11/2025
9:52.22	Up North Elite #	Allendale/GVSU #3.....	1/11/2025
9:54.83	Pace Pushers (DeW)	Allendale/GVSU #3.....	1/11/2025
9:56.32	Shore TC (HWO)	Allendale/GVSU #3.....	1/11/2025
10:17.32	West Michigan Harriers #	Allendale/GVSU #3.....	1/11/2025
10:37.25	Kentwood TC (EK)	Allendale/GVSU #3.....	1/11/2025
10:38.41	The Hills (FHE)	Allendale/GVSU #3.....	1/11/2025

SPRINT MEDLEY

4:40.32	Peoples Choice #	Hillsdale/Charger Winter Open	1/11/2025
4:47.10	Blue Collar Run Club #	Hillsdale/Charger Winter Open	1/11/2025

Oversized Track:

4:15.38	Track Life (DR)	Ypsilanti/LAB #5.....	1/11/2025
4:17.38	Michigan Racers #	Saginaw/SVSU #1	1/11/2025
4:17.83	Shore TC (HWO)	Allendale/GVSU #3.....	1/11/2025
4:19.09	Unity TC (AAH)	Ypsilanti/LAB #5.....	1/11/2025
4:22.56	Elite Performance #	Saginaw/SVSU #1	1/11/2025
4:25.93	Up North Elite #	Allendale/GVSU #3.....	1/11/2025
4:26.68	Dearborn TC #	Ypsilanti/LAB #5.....	1/11/2025
4:29.50	Chariots of Fire (GH)	Allendale/GVSU #3.....	1/11/2025
4:33.35	16 Ways #	Saginaw/SVSU #1	1/11/2025
4:36.04	AA Youth (B)	Ypsilanti/LAB #5.....	1/11/2025
4:38.27	Red Arrow TC (SJ)	Allendale/GVSU #3.....	1/11/2025

DISTANCE MEDLEY

Oversized Track:

13:45.41	Dearborn TC #	Ypsilanti/LAB #5.....	1/11/2025
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